

Our Curriculum: academic and life skills

Each day at Reach Academy starts with a Nurture Breakfast in which pupils are encouraged to share their feelings and discuss any issues so that any barriers to learning can be managed and pupils are ready to have a successful day.

Maths, English and PSHE lessons are delivered in the mornings and tailored to individual needs to ensure that all pupils can progress towards their targets.

Lunch is eaten together, providing an opportunity for developing social skills and taking on roles such as collecting meals, setting the table, and clearing up afterwards. One morning each week is dedicated to pupils planning, preparing and sharing a cooked meal together.

Afternoon lessons are when our wider curriculum offer is delivered. This includes outdoor education, forest school, music, science, project learning and a creative curriculum to ensure pupils have a broad and well-rounded learning experience of the national curriculum subjects, alongside developing vital life and workplace skills, including teamwork, communication and problem-solving.

Trips are a common feature of the curriculum and include visits to local museums, outdoor areas and other locations linked to the learning.

	Mon	Tues	Wed	Thurs	Fri
9-9:30am	Nurture Breakfast				
Lesson 1	SEMH Intervention	PSHE	Reading, Phonics, Handwriting	Reading, Phonics, Handwriting	PSHE
Lesson 2	Cooking	Maths	Maths	Maths	Maths
	Break				
Lesson 3	Cooking	English	English	English	English
	Lunch				
Lesson 4	Outdoor Education	Project Learning	Music	Forest School	Creative Curriculum
Lesson 5			Science		
2:15-2:30pm	Reflection				